



APPETIZERS

MUSSELS

ONE LB. OF PRINCE EDWARD ISLAND BLUE SHELL MUSSELS, WITH SAUTÉED DICED TOMATOES, GREEN ONIONS, FETA AND PARMESAN 10.19

CHICKEN SKEWERS

HERB MARINATED PAN SEARED CHICKEN TENDERS DRIZZLED WITH CITRUS HERB VINAIGRETTE OVER A BED OF SPINACH 8.29

LOBSTER NACHOS

SAUTÉED LOBSTER, TOMATOES, BLISTERED CORN AND QUESO OVER FRIED TORTILLA CHIPS, DRIZZLED WITH BBQ SAUCE AND GARNISHED WITH GREEN ONIONS AND DICED AVOCADO 10.89

SALADS

TAVERN

MIXED GREENS, TOMATOES, CUCUMBERS, RED ONIONS, CHEDDAR & BACON 6.79

SPINACH

SPINACH, STRAWBERRIES, HAVARTI & MOZZARELLA CHEESE, CANDIED PECANS, RED ONIONS, & RASPBERRY VINAIGRETTE 7.98

CHOPPED

ICEBERG, APPLES, CANDIED PECANS, RED ONIONS, CELERY & ROASTED RED PEPPER, BLEU CHEESE CRUMBLES & CHOICE OF DRESSING 7.98

YASOU

MIXED GREENS, TOMATOES, CUCUMBERS, FETA, RED ONIONS, KALAMATA OLIVES, PEPPERONCINI, CRANBERRIES, & GREEK VINAIGRETTE 7.98

ADDITIONS TO THESE SALADS

**CHICKEN 3.49 *AHI TUNA 5.99 SHRIMP 5.49
SALMON 5.99 SCALLOPS 6.99 SIRLOIN 6.99**

***STEAK**

SPINACH, CANDIED PECANS, DRIED CRANBERRIES, MUSHROOMS, BACON, APPLES, BLEU CHEESE, CARAMELIZED ONIONS, SLICED SIRLOIN STEAK & CHOICE OF DRESSING 13.98

MYRA

MIXED GREENS, HAVARTI & MOZZARELLA, CUCUMBERS, APPLES, STRAWBERRIES, MANGO SALSA & RASPBERRY VINAIGRETTE 7.98

KALE SALAD

SUPER FOOD KALE BLEND, CRANBERRIES, PECANS, RED ONIONS, CUCUMBERS, CARROTS, FETA & GREEK VINAIGRETTE 8.89

DRESSING SELECTIONS:

CREAMY ITALIAN – HONEY MUSTARD- RASPBERRY BALSAMIC- GREEK – BACON VINAIGRETTE – CITRUS HERB VINAIGRETTE- RANCH

A LA CARTE

***GROUND BEEF STEAK**

GROUND BEEF, PEPPERS, ONIONS & MUSHROOMS 9.29

***PETITE SIRLOIN**

10.29

MARINATED CHICKEN BREAST

MARINATED CHICKEN BREAST, OLIVE OIL & FRESH HERBS, GRILLED OR BLACKENED 7.49

SEAFOOD

CHOICE OF GRILLED, BLACKENED OR PAN SEARED

SALMON 9.79

AHI TUNA* 9.29

FLOUNDER 7.89

SHRIMP SKEWER 8.89

SEAFOOD TOPPERS 2.95

MANGO SALSA CRAB CREAM CHEESE

LEMON-CAPER BROWN BUTTER

CHEF'S CREATIONS

SALMON PICCATA

GRILLED SALMON OVER STEAMED BROCCOLI TOPPED WITH CLASSIC PICCATA SAUCE 10.69

***EAST MEETS WEST**

SESAME ENCRUSTED TUNA OVER SUGAR SNAP PEAS, SERVED WITH DICED AVOCADO & CRAB CREAM CHEESE 10.99

CHICKEN TERIYAKI

PAN SEARED MARINATED CHICKEN BREAST TOPPED WITH STIR FRIED ONIONS, BROCCOLI & PEPPERS, GARNISHED WITH SESAME SEEDS 8.29

SOUTHWEST CHICKEN

BLACKENED CHICKEN OVER AVOCADO-CORN QUESO, TOPPED WITH MANGO SALSA 9.49

SIDES

SAUTÉED CHEF VEGETABLES – ASPARAGUS – TAVERN SLAW – SAUTÉED SPINACH – SUGAR SNAP PEAS & ROASTED RED PEPPERS- STEAMED BROCCOLI – SAUTÉED KALE BLEND 2.79

*items cooked to order, consuming raw or undercooked food may increase your risk of foodborne illness